

J.Frederick Arment, Author of The Elements of Peace: How Nonviolence Works, will join Louise Cohen on her show Changing Obstacles into New Possibilities.



J. Frederick Arment, author of "The Elements of Peace: How Nonviolence Works, will appear on Louise Cohen's Changing Obstacles Into New Possibilities on Voice America's Radio Network.

Phoenix – Voice America Talk Radio Network, Internet broadcast pioneer, producing and syndicating online audio and video, today announced that nationally known author and Executive Director of International Cities of Peace, J.Frederick Arment will join Louise Cohen, host of Changing Obstacles Into New Possibilities radio program on the Voice America Variety channel (<http://www.voiceamericavariety.com> on Tuesday, May 22, 2012 at 12 PST, 2CST and 3 EST.

J. Frederick Arment's new book, "The Elements of Peace: How Nonviolence Works," was recently released from McFarland Publishers. The book delves deeply into the motivations of peacemakers to find the skills, traits, and values that underlay the methods and strategies of nonviolence. Replete with real-world examples of peacemaking, "The Elements of Peace" clearly and explicitly shows how we, as individuals and societies, choose to handle the conflicts that are a natural part of our lives.

Arment is one of the founders and served as the first director of the Dayton International Peace Museum, a nonprofit organization dedicated to nonviolent alternatives to community and worldwide conflict. He now serves as the founding executive director of International Cities of Peace, a member association of cities of peace dedicated to encouraging safety, prosperity, and quality of life as consensus values for families, neighborhoods, and nations. His novels include the philosophical orphan's tale, "Backbeat: A Novel of Physics," and a political thriller, "The Synthesis." (<http://www.InternationalCitiesOfPeace.org>)

ABOUT LOUISE A. COHEN

Host Louise A. Cohen works as a speaker, author, life and professional success coach and psychotherapist.(<http://www.PositiveAttitudeCoaching.com>). She brings a wonderful mosaic of life and professional experiences to her show for Voice America Variety network. She lived in a number of cities including London and Paris and traveled all around the world. In her early professional years, she satisfied her creative passions in the fashion industries of Manhattan and as a jazz vocalist. Unexpected life challenges inspired her to return to college and become a

licensed psychotherapist. She continues to hone her coaching skills in Positive Psychology and her spiritual skills with a world wide spiritual development organization dedicated to uncovering your true potential to create a life of harmony, love and success. Louise decided to write her latest book, “Changing Obstacles into New Possibilities: Strategies For Achieving Life Success and Satisfaction”, because she saw a tremendous need in these chaotic times for a “simple little book” filled with basic strategies and inspirational quotes. She wanted to remind people “to keep trying” everyday to create a life of success and value. Louise also co-authored with Deepak Chopra, Jack Canfield, and Dr. Denis Waitley, Stepping Stones To Success – Experts Share Strategies For Mastering Business, Life and Relationships. And she was a contributing author in, The Gratitude Book Project: Celebrating 365 Days of Gratitude, Editor, Donna Kozik.

Cohen’s radio show, “Changing Obstacles, New Possibilities” airs live on Tuesdays / 12 PST, 2 CST 3 EST on The VoiceAmerica Variety Channel. To access the show, log on at <http://www.voiceamericavariety.com>.

All shows will be available in Louise Cohen’s Content Library on The Voice America Variety Channel for on-demand and pod cast download, <http://www.voiceamericavariety.com>.